

Sugar Free

Effervescent

M-LAX

Ispaghula Husk 3.5 gm &
Mebeverine Hydrochloride 135 mg



Composition:

Each sachet contains Ispaghula Husk 3.5gm and Mebeverine Hydrochloride 135mg.

Description:

M-Lax is a combination of Ispaghula Husk and Mebeverine Hydrochloride which is specially designed for IBS. Painful spasms of the gut and irregular bowel habits are the main symptoms of IBS. This product successfully relieves these symptoms. Ispaghula Husk contains up to 70% of soluble and 30% of insoluble fibers. This unique feature makes it capable of absorbing up to 40 times of water of its own weight. Ispaghula Husk increases fiber in diet, help digestive system work more efficiently and gently relieve bowel problem in a natural way helping to restore and maintain regularity. Mebeverine is an antispasmodic drug that relieves spasms and cramps which occur in the gut causing pain without affecting normal gut motility.

Indications:

It is indicated for the treatment of all kind of Irritable Bowel Syndrome (IBS) such as IBS-C, IBS-D & IBS-A, abdominal pain and bowel dysfunction associated with IBS.

Dosage & Administration:

M-Lax is intended for oral use as suspension in a drink of water. Adults and children over 12 years: One sachet in morning and one in the evening with 1 glass of water. This medicine should be taken before half an hour of meal. A midday dose may be taken if necessary. Or, as directed by the registered physician.

Side effects:

It is generally safe and well tolerated. But, some people may experience mild abdominal distension or flatulence for the first few days after starting this medicine. These effects should lessen as continue the treatment.

Contraindications:

It is contraindicated in those patients who are hypersensitive to ispaghula or mebeverine or any other components of this product. It is also contraindicated in cases of intestinal obstruction, fecal impaction and if patient has phenylketonuria.

Precautions:

Do not take this medicine without water. It is important that each dose of granules is stirred into a glass of water before taking.

Use in Pregnancy and Lactation:

Ispaghula Husk is not absorbed into the blood stream and does not pass into breast milk but Mebeverine Hydrochloride is absorbed into bloodstream and passes through the breast milk. Therefore, this medicine should not be used during pregnancy unless considered essential by the physician.

Drug Interactions:

Ispaghula Husk may delay gastric emptying time and reduce the absorption of Calcium, Iron and Zinc. Therefore, other agents should be taken one hour before or a few hours after taking this medicine.

Overdose:

Symptoms of Ispaghula husk & Mebeverine Hydrochloride overdose include abdominal discomfort and flatulence. In case of over dose patient should drink plenty of water.

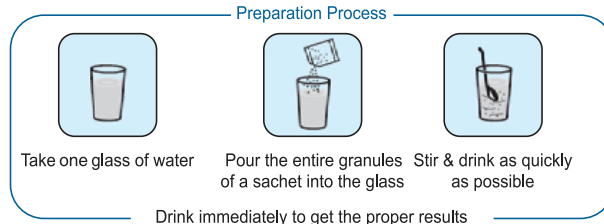
Storage:

Keep out of reach of the children. Keep away from direct sunlight. Store below 30° C in a dry place.

Packing:

Each box contains 15 sachets.

Preparation Process



Drink immediately after preparation